

WAVR-FM WATS-AM	CHOICE 102	ELMIRA-BINGHAMTON, NY
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REGION	COLLEGE	NFL	NBA	MLB	NHL
NEW YORK	BINGHAMTON CORNELL ELMIRA ITHACA SUNY BROOME SYRACUSE PENN STATE	GIANTS JETS BILLS STEELERS EAGLES	NY KNICKS BROOKLYN NETS	METS YANKEES PHILLIES BINGHAMTON RUMBLE PONIES ELMIRA PIONEERS	SABRES ISLANDERS RANGERS BINGHAMTON DEVILS ELMIRA ENFORCERS

REPORTS	MUSIC BED	COM/BILL	UPLOADING
<u>MON-FRI</u> (3) MORNING (1) AFTERNOON 1:00 Sports 1:00 Commercial	SPORTS FLASH BED FILES MUST BE SAVED as MORNING: NY-WAVR-SF-A.mp3 NY-WAVR-SF-B.mp3 NY-WAVR-SF-C.mp3 AFTERNOON NY-WAVR-SF-D.mp3	BILL: NATIONAL-A COMM: NATIONAL-A	ftp.thesportsflash.com Login: sportsfl_heartland PWD: sports2013 MP3 /west/NY-WEBO UPLOAD files to the folder "NY-WEBO"