

WACK-AM	HOMETOWN SPORTS 1420 W-A-C-K	Newark Rochester, NY
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REGION	COLLEGE	NFL	NBA	MLB	NHL
NEW YORK	Syracuse Binghamton Bearcats	Buffalo Bills NY GIANTS NY JETS	NY KNICKS BROOKLYN NETS	NY YANKEES NY METS	SABRES ISLANDERS RANGERS

REPORTS	MUSIC BED	COM/BILL CATEGORY	UPLOADING
MORNING: (3) 2:00 reports 1:00 Sports 1:00 Commercial AFTERNOON: (3) 2:00 reports 1:00 Sports 1:00 Commercial	SF-musicbed-60sec FILES MUST BE SAVED as NY-WACK-A.mp3 NY-WACK-B.mp3 NY-WACK-C.mp3	BILL: NATIONAL-A COMM: NATIONAL-A	ftp.thesportsflash.com Login: sportsfl_heartland PWD: sports2013 MP3 /heartland/ UPLOAD files to the folder "NY-WACK"