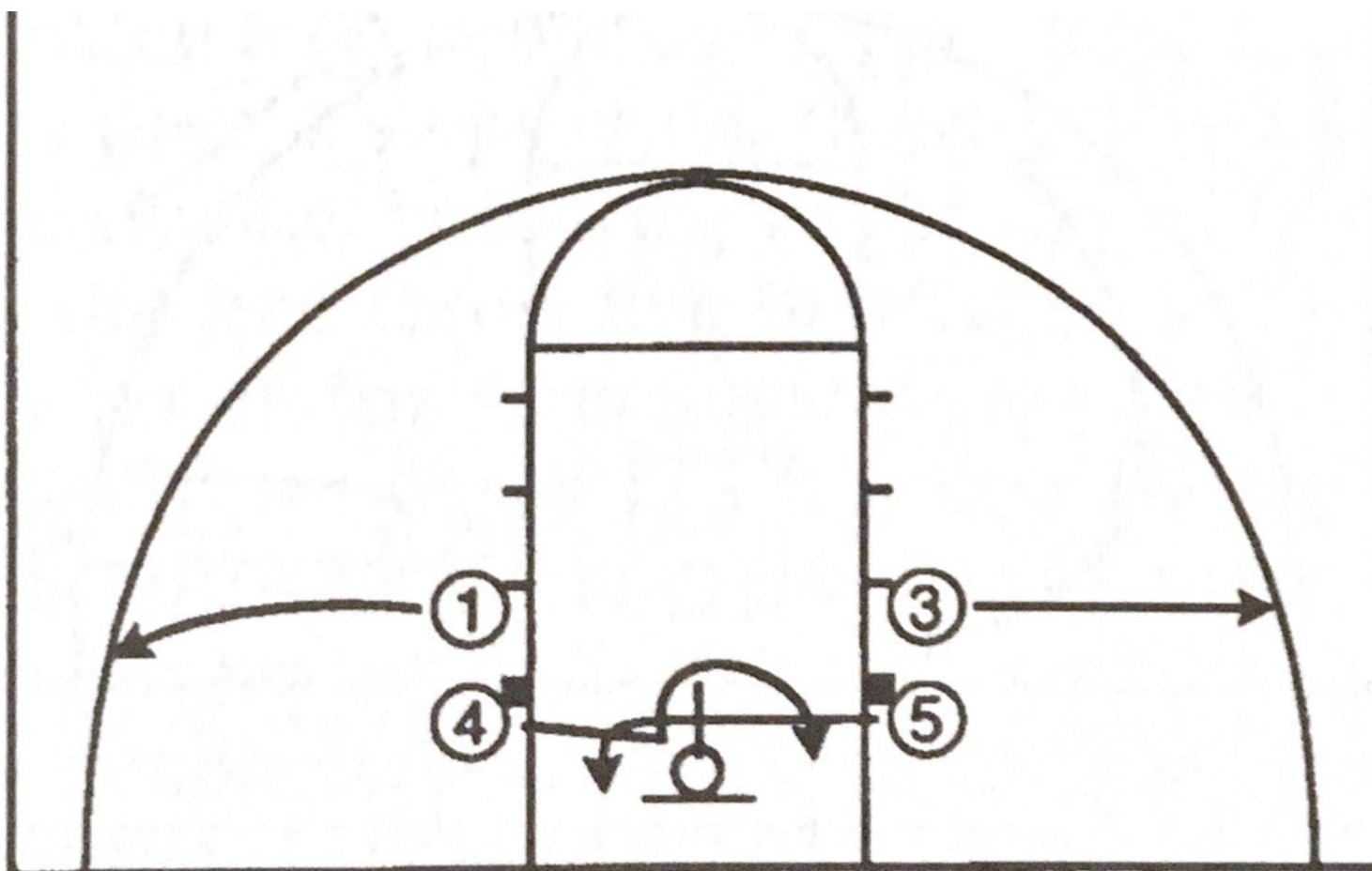




Stack

On the hit, the ball-side post (5) screens the middle defender in the zone, which allows the opposite post player (4) to come across the lane looking for the ball. Player 3 breaks to the ball-side corner, and 1 breaks to the opposite corner (see figure 12.23). This gives you a 1-4 set, which spreads the zone along the baseline. This alignment makes it difficult for the defense to take away every option.

