



Army Iron Man – Pennsylvania Week One Nominees

Army Iron Man Award honors the best two-way high school football players

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HARRISBURG, PA – The U.S. Army Harrisburg Recruiting Battalion announces the nominees for week two of the Army Iron Man of the Week, which honors the best two-way high school football players in Pennsylvania.

Army Iron Man – Pennsylvania – Week 1 Nominees

Ryan Babirad – Fort Cherry	Babirad had three touchdown receptions (24, 49, 9) and returned an interception for a 53-yard touchdown in a 55-40 win over Western Beaver.
Deshan Brown – Beth-Center	Brown had five receptions for 118 yards with a 33-yard touchdown catch while making three interceptions on defense in Beth-Center's 33-21 win over Frazier.
Ben Carlisle – Bentworth	Carlisle rushed for 78 yards with a touchdown while returning a kick-off for a 78-yard score in Bentworth's 36-23 loss to Westinghouse.
John Dugas – Burgettstown	Dugas returned the opening kick-off for a 90-yard score and ran back an interception for a 70-yard score in Burgettstown's 33-7 win over South Side Beaver.
Dontae Forte – University Prep	Forte threw a touchdown pass, ran for a 23-yard score, and returned an interception for a 33-yard touchdown in University Prep's 20-6 win over Summit Academy.
Danial Lis – Chartiers-Houston	Lis rushed for 90 yards with a touchdown and returned an interception 95 yards in Chartiers-Houston's 35-14 win over Union.
Coy Quivers – James Buchanan	Quivers rushed for 68 yards on eight carries while throwing for 190 yards with three touchdowns and grabbed an interception on defense in James Buchanan's 35-12 win over Southside Academy.
Beau Swales - Clearfield	Swales rushed for 180 yards with a touchdown, recovered a fumble on special teams, and made several key stops on defense in Clearfield's 27-20 win over Central.
Tyler Young – Monessen	Young had a 53-yard touchdown catch while grabbing an interception on defense in Monessen's 46-0 win over Geibel Catholic.

"The Sports Flash" (TSF) Radio Network will accept nominations each week from high school football coaches, athletic directors, media members, and high school football fans. Each week, high school football fans from throughout the battalion's recruiting territory will have the opportunity to vote for the winner of the Army Iron Man of the Week. At the end of the regular season, fans will vote for the Army Iron Man of the Year from among the weekly winners. Throughout the campaign, fans can visit www.TheSportsFlash.com to vote for the weekly winner; sign-up for weekly "Iron Man" updates; download the audio feature; and much more.

The United States Army is charged with protecting America's freedom and preserving peace. The Army trains and equips its soldiers to be the best, especially when it comes to their job, leadership, and soldiering skills. With more than 150 jobs available in many exciting fields, the U.S. Army provides many job training and leadership training opportunities. From working with computers to assisting doctors to fixing helicopters, there's an Army job that's right for you. For more information, go online to www.GoArmy.com.

"The Sports Flash" (TSF) Radio Network delivers customized, local sports reports for 174 radio stations in 13 different states. TSF Radio Network coordinates the Army Iron Man Award campaign. High school football fans can vote for the weekly Army Iron Man winner and the annual award at www.TheSportsFlash.com. For questions about the U.S. Army Iron Man Award, please contact TSF Radio Network's Mike Sinnott at (517) 927-4570 or the U.S. Army's Jerry Patton at (304) 252-0422.

- Go Army! -