



U11-12 Team Assessment

Team Name: U-12 Boys
 Coach (Assessor): Sinnott
 Date: 11/23/16

Use an "X" to indicate the progress of your team on each objective. Goal Met= achievement by at least 80% of your team

Yet to Cover	Needs Work	Goal Met	U12 Age Group Overall Objectives
		X	Players must be comfortable with the ball at their feet (in possession of the ball).
	X		Players must work on utilizing both sides of their body (left and right).
	X		Players must begin to develop confidence in receiving balls of different heights.
	X		Players must develop accuracy and "proper pace" with the inside of their strong foot.

Yet to Cover	Needs Work	Goal Met	Technical Objectives
		X	Players should have 4 "moves" mastered and working on 2 others
	X		Mastered use of both feet with all skills
	X		Receiving and turning ground and flighted passes
		X	Mastered tackling the ball- shoulder, block, toe-poke
	X		Crossing- near post, far post
X			Players begin to develop the technique of heading a ball while airborne
	X		1-touch shooting
	X		1 & 2-touch volleys (strong foot)
X			Offensive/Defensive Heading
	X		50+ juggles with all surfaces, 15 juggles with head only (U11 benchmarks on page 2)

Yet to Cover	Needs Work	Goal Met	Tactical Objectives
		X	Emphasize maintaining possession
	X		Players must improve their vision in the area around the ball when attacking and when defending (anticipation = thinking ahead)
	X		Transition between attack & defending and vice-versa is stressed (the 3 rd moment in soccer)
		X	Group defending (in the box)
	X		Group attacking (framing the goal)
	X		Receiving the ball away from pressure
	X		Receiving the ball across the body, and opening to the play
		X	Combination play (wall pass, over-lap, take-over, 3 rd pass)
	X		How & when to switch the point of attack- "back pass=switch fields"
		X	Pressure vs. Containing (No diving in)
	X		Role of 3 rd attacker and defender; 4v4, 3v3

Yet to Cover	Needs Work	Goal Met	Psychosocial Objectives
		X	Players must have fun
		X	Players must feel liked by the coach
		X	Players must feel worthy, even though they are not playing on a "Premier" level team
		X	Players do not shy away from competition
		X	Players must get quality time in all matches (we all learn from playing the game)
	X		Players must know that they can play in the match undisturbed (limited coaching)
	X		Players just begin to develop mental toughness, ignoring outside influences (parents, opponents, officials, etc., and focusing on the match)

Yet to Cover	Needs Work	Goal Met	Physical Objectives
		X	Every player must train with a ball when appropriate
		X	Whenever possible, every player participates in training activities (avoid lines)
		X	Game-like activities foster physical fitness
	X		Player must improve flexibility
	X		Players must improve speed with the ball



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BENCHMARKS FOR UNDER-11 Please estimate the percentage of players that meet each benchmark.

Juggling w/ all Surfaces		Juggling w/ Head		Dribbling & Moves		Passing		Shooting		Defending		Training Attitude	
20 Average, 75 Best		10 Average, 25 Best		4 moves mastered. Working on 2 moves		10-20 Yard driven & flighted with (both feet).		Prep touch. Body position. Perfect instep form 18 yds (both feet)		Shoulder charge. Understands role of 2nd defender. Provides cover. Recovery runs.		Mature training. Focus increases. Good behavior.	
Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%

BENCHMARKS FOR UNDER-12 Please estimate the percentage of players that meet each benchmark.

Juggling w/ all Surfaces		Juggling w/ Head		Dribbling & Moves		Passing		Shooting		Defending		Training Attitude	
40 Average, 125 Best		15 Average, 35 Best		4 moves mastered. Working on 4 moves		30 Yard driven ball. 1-touch passing & combo passes.		1 touch shooting. 1 & 2 touch volleys (strong foot). 12 yd header.		Hard tackles. Clear w/ strong foot & head. Understands role of 3rd defender.		Mature training. Self-motivated. Prep for games.	
Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%	Less than 50%	More than 50%
X		X			X	X			X		X		X

Comments:

TECHNICAL SKILL HAS IMPROVED TO THE POINT THAT THE PLAYERS CAN BEGIN TO IMPLEMENT OUR ~~TACTICAL~~ TACTICAL OBJECTIVES, including maintaining possession, building up from the back, and switching the point of attack. Our finishing in the final third has been poor, although we are creating plenty of chances. We led or were tied in every game in the fall, but managed only 1 win and 3 draws. We need to continue fundamental skill development while teaching our players how to win and close out games.