

Box Out

On this option, the Box shifts over a few feet so that the two posts are on the blocks and two perimeter players are on the opposite ends of the free throw line. On the hit, 5 cuts to the ball-side corner, and 4 slides across the lane looking for the ball. Player 3 screens for 1, who uses the screen and cuts to the opposite block. Player 4 is trying to get open in the area around the ball-side block, and 3 releases to the top to look for the lob over the defense as well as to cover the break defensively (see figure 12.14).

The ideal pass is to 1 for the layup. However, if 2 sees someone else is open before 1, he should pass the ball to that player. (Remember, the purpose of the play is to gain possession, not get a shot.) Once again, after 2 passes the ball in, he enters the court opposite the pass.