



Cumberland Valley's Ryan Diehl vote Army STRONG Wrestler of the Week

Army STRONG campaign honors Pennsylvania's best high school wrestlers

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HARRISBURG – The U.S. Army Harrisburg Recruiting Battalion is proud to announce that Cumberland Valley's Ryan Diehl is the Army STRONG Wrestler of the Week as the best high school wrestler in Pennsylvania. Diehl earned Most Outstanding Wrestler honors at the Cumberland Valley Kickoff Class, beating Penn Trafford's Willie Bohince in the semis and knocking off Middletown's Bryce Killan in the championship match. Diehl is now 97-2 in his prep career. As a weekly winner, Diehl is a finalist for the Army STRONG Wrestler of the Year for Pennsylvania.

The Army STRONG Wrestler of the Year campaign honors the best high school wrestler's in Pennsylvania. Fans can vote online for the weekly winner at www.TheSportsFlash.com. Voting ends at 9:00 P.M. EDT on Thursday. The winner announced on Friday. Fans, the media, coaches, and athletic directors can submit nominations to armystrong.pa@thesportsflash.com.

The United States Army is charged with protecting America's freedom and preserving peace. The Army trains and equips its soldiers to be the best, especially when it comes to their job, leadership, and soldiering skills. With more than 150 jobs available in many exciting fields, the U.S. Army provides many job training and leadership training opportunities. From working with computers to assisting doctors to fixing helicopters, there's an Army job that's right for you. For more information, go online to www.GoArmy.com.

If you have any questions about the Army STRONG Wrestler of the Year campaign, please contact "The Sports Flash" Radio Network's Mike Sinnott at (517) 927-4570.

- Go Army! -